

Individualized Omega-3 supplement for the prevention of post- Covid-19 fatigue

KEYNOTE

Dear Premium Customers,

Salvagene was one of the first healthcare providers to make detailed fatty acid profiling part of our blood analysis tests, and it has continued to be a prominent feature of our reporting over many years.

Our Fatty Acid Profile Panel consists of 40 different markers, and we compare the absolute values as well as the different ratios with each other so that we can deliver very precise reports on susceptibility to inflammation, on insulin dynamics, on membrane fluidity and on cardiovascular risk. The information gained is also of great importance for the prevention of dementia and Alzheimer's disease, especially if an individual carries the E3 or E4 allele of the ApoE gene. On the basis of these tests, our supplement will optimize the individual fatty acid profile.

One key ingredient of the supplement is DHA, which makes an important contribution to mitochondrial health and consequently to maintaining good energy levels. It therefore counts as an elementary preventive measure during the current Covid-19 pandemic.

Prescribing the same intake of omega-3 for everyone is a risky strategy, because the difference in ratio between individuals cannot be covered by a standard product which tends to exacerbate existing imbalances. That is why we have always been very reluctant to supplement with omega-3. We have now decided to develop an

individualized solution based on various vegetable oils and algae. It is a solution that has two major advantages:

- 1) Metabolism of this product is easier; it is therefore better absorbed by the body than the familiar capsules made of fish oil.
- 2) It cuts out the toxins and toxic substances that may be present in fish oils.

As the balance of fatty acids is constantly changing, the values are monitored, as is already standard in our Salvagene Premium Program. Accordingly, we always adjust the formulation to the current test results.

The basic ingredient of the oil is Schizochytrium, a type of microalgae which consists of microscopic unicellular algae that feed purely on organic and vegetable substances and which is particularly rich in EPA and DHA omega-3 fatty acids. Subsequent chemical treatment to obtain a more concentrated product is not necessary, as the concentration in the natural product is already very high. We further add a protector, namely a cold pressed olive oil from Spain, which exhibits a high percentage of polyphenols and Vitamin D. In contrast to other vegetable omega-3 products, the main component of our oil is DHA and also EPA omega-3 fatty acids, levels of which are adjusted to the individual's test results. It contains only a small amount of ALA fatty acids.

If you have further questions about the product or about your latest Fatty Acid test results, please contact your Salvagene representative.

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